



Module 5 Study Notes



- **Maslow's Hierarchy of Needs**
 - Physical
 - Social and Security
 - Love
 - Self- Esteem
 - Self-Actualization
- **Psychosocial Needs**
 - Needs that involve social interaction, emotions, intellect, and spirituality.
- **Masturbation**
 - To touch or rub sexual organs in order to give oneself or another person sexual pleasure.
- **Holistic Care**
 - A type of care that involves caring for the whole person—the mind as well as the body.
- **Cultural Diversity**
 - The different groups of people with varied backgrounds and experiences who live together in the world.
- **Developmental Disabilities**
 - Disabilities that are present at birth or emerge during childhood that restrict physical or mental ability.
- **Different Dietary Practices**
 - **Buddhists**- Vegetarian, sometimes eat fish
 - **Christians**- Sometimes eat fish on Fridays
 - **Jews**- Kosher foods, and separation of meat and dairy
 - **Mormons**- Nothing addictive, like caffeine or alcohol
 - **Muslims**- No pork or other selective meats, fasting in religious observance
 - **Vegans**- No animal or animal byproducts may be eaten or worn