

Name: _____

PCA Module Twelve

Match the word to the definition

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1.	Essential Nutrients	a. All foods are the consistency of a smoothie
2.	Low-Sodium Diet	b. A serious condition resulting from inadequate fluid in the body.
3.	Fluid-Restrict. Diet	c. Avoids certain animal products such as meat and dairy
4.	Low-Protein Diet	d. Restricts sugary foods and starches
5.	Low-Fat Diet	e. All foods are soft enough to be easily smashed with a fork
6.	Mod. Calorie Diet	f. Restricts protein for individuals with impaired liver and or kidney function
7.	Diabetic Debt	g. A medical order to encourage a person to drink more fluids
8.	Vegetarian Diet	h. Water, carbohydrates, protein, fat, vitamin and minerals
9.	Liquid Diet	i. Helps lower cholesterol
10.	Mechanical Soft Diet	j. A medical order to limit the amount of fluids a person drinks to the level set by the doctor
11.	Pureed Diet	k. Difficulty swallowing
12.	Dysphagia	l. All foods must be liquid
13.	Force Fluids	m. Swelling caused by excess fluid in body tissues.
14.	Restrict Fluids	n. Restricts fluids, good for congestive heart failure
15.	Nothing By Month NPO	o. Medical order to withhold all food and fluids taken orally
16.	Dehydration	p. Lowers salt, good for high blood pressure
17.	Fluid Overload	q. A condition that occurs when the body cannot handle the amount of fluid consumed
18.	Edema	r. Restricts calories to 1500-1800 K a day